

I. Choose the letter of the best response.



1. _____



2. _____



3. _____

VOCABULARY WORDS

Picture 1

1. To lift weights is to exercise by lifting heavy objects (such as barbells) in order to become stronger
Example: He has been lifting weights for exercise.
2. weighing scale - a device to measure weight or mass.
Example: You need to use a weighing scale to know your weight.
mass - the amount of matter
3. put on weight - means to become fatter or heavier
Example: He has put on weight lately since he does not go outside as much as he used to.
4. monitor (one's) weight - to get the readings on the scale regularly
Example: You should monitor your weight so that if you gain a few pounds, you can take quick action and go on a diet.

Picture 2

1. to hang clothes - is to place clothes on a hook or hanger
Examples: After doing the laundry, hang your clothes and let them dry.
2. To tighten the clothesline - is to make the line (as of cord) on which clothes may be hung to dry stable and firm not sagging.
Example: You need to tighten your clothesline because if it snaps or breaks, you would need to redo your laundry.
3. To fold clothes - means to bend clothes (shirts, pants, short, etc.) over so it covers part of itself.

Example: You should fold your clothes before you put them in the closet.

Picture 3

1. apply makeup - to put on makeup on (someone's face)
Example: After applying makeup, she slipped in a white long dress.
2. contouring - makeup technique involves using dark and light colors to enhance or slim down the appearance of certain facial features.
Example: Contouring one's face is all about creating the effect of shadow and light.
3. set hair - arranged in a hair-do or hair-style
Example: She has perfectly set hair.
4. To trim hair - to take off the least amount of hair possible. It is done to help you maintain the style and shape of your cut as well as removing any damage.
Example: The man in question had neatly trimmed hair and stylish dark clothing.

II. Choose the letter of the best response.

1. _____
2. _____
3. _____
4. _____
5. _____

III. Listen and comprehend. Answer in a complete sentence.

(Man B) Now

XXc
amera!

(Woman A) Oh,

tXX
projector.

(Man B) Don't

XXs
maller.

(Woman A) Okay,

XX

1. _____
2. _____
3. _____

IV. Listen and answer the questions by providing the letter of your choice.

1. _____
2. _____
3. _____

VOCABULARY WORDS

1. go the extra mile - to do more than one is required to do
Example: She's always willing to go the extra mile to help a friend.

READING EXERCISES

V. Choose the letter of the correct answer.

1. All shelves in the holiday merchandise section need to remain _____ stocked.
 - A. Full
 - B. Fully
 - C. Fuller
 - D. Fullest
2. _____ to the exercise room is included with your stay at the Bayland Hotel.
 - A. Access
 - B. Accessed
 - C. Accessing
 - D. Accessible
3. Mr. Okello's promotion means that _____ will supervise a larger team.
 - A. He
 - B. His
 - C. Him
 - D. Himself
4. Juniper Worldwide, Inc., will be _____ payroll service providers on January 1.
 - A. Changing
 - B. Attending
 - C. Holding
 - D. Turning
5. **Ultrora Action's T-Pro tennis shoe is the lightest _____ on the market right now.**
 - A. That
 - B. Any
 - C. One
 - D. Either

VI. Choose the letter of the correct answer.

BRENTON (March 22)—Yesterday, Brenton Railway won a \$37 million grant from the Federal Transit Agency. Thanks to the (1)_____ construction of the proposed train terminal in Kirk Valley can now begin.

The expansion of the rail system is certainly good news for many in the community.

(2)_____ Drivers, too, are pleased about the grant. Edgar Simental,

(3)_____ lives near the planned Kirk Valley Station, says, "What a relief for commuters like me. We have had to endure steadily worsening road traffic

(4)_____ some time now. I anticipate taking the train instead of my car to work every day as soon as the station opens."

1. Thanks to the (1)_____ construction of the proposed train terminal in Kirk Valley can now begin.

- a. Funding
- b. Policy
- c. Design
- d. Strategy

2. The expansion of the rail system is certainly good news for many in the community.

(2)_____

- A. Riders will no longer be able to park their cars at the terminal.
- B. Officials have confirmed that construction has been postponed indefinitely.
- C. The cost of a monthly train pass, however, is expected to increase.
- D. The project will create about 75 permanent jobs at the station

3. Edgar Simental, (3)_____ lives near the planned Kirk Valley Station, says, "What a relief for commuters like me.

- A. Likewise
- B. Another
- C. Then
- D. Who

4. We have had to endure steadily worsening road traffic (4)_____ some time now.

- A. For
- B. With
- C. About
- D. On

VOCABULARY WORDS

1. endure (verb) go through

Example: it seemed impossible that anyone could endure such pain.

2. steadily (adverb) in a regular and even manner.

Example: The business has been growing steadily.

3. anticipate (verb) regard as probable; expect or predict.

Example: It's always best to anticipate a problem before it arises.

4. funding (noun) money provided, especially by an organization or government, for a particular purpose.

Example: Funding for the project was provided by the Housing Corporation.

VII. Choose the letter of the correct answer.

Pamela Carter [3:44 P.M.]

Hi, Oswaldo. Did you look at the pictures of the East Fourth Street property?

Oswaldo Medrano [3:45 P.M.]

Yes, I did. Given that many of our designers and editors are working remotely, is all that space really necessary?

Pamela Carter [3:47 P.M.]

Yes, but as we grow more will be working on site.

Oswaldo Medrano [3:48 P.M.]

That may not be for a while, though.

Pamela Carter [3:50 P.M.]

We should consider both our immediate and long-term needs. The building offers ample room to allow for staff expansion.

Oswaldo Medrano [3:52 P.M.]

That's true. Our requirements may change. Especially when we start signing contracts with more authors.

1. At what type of business do the people most likely work?

- A. A publishing company
- B. A moving company
- C. A real estate agency
- D. A real estate agency

2. At 3:52 P.M., what does Mr. Medrano most likely mean when he writes, "That's true"?

- A. An alternative space should be rented.
- B. A new space will be too expensive.
- C. The property may suit their needs in the future.
- D. The property may suit their needs in the future.

SPEAKING EXERCISE

VIII. Describe the photo in 10 sentences.

