

Man Eats at 18 Michelin Restaurants in 1 Day

VOCABULARY WORDS

1. Challenge (Noun) /'tʃælɪndʒ/ a task or situation that is very difficult or requires a lot of skill
Example: Climate change is the single biggest challenge facing humanity today.
2. In advance (Phrase) /ɪn əd'væns/ before an event or a point in the future
Example: Applicants must book a slot for the online test one week in advance.
3. Attempt (Noun) /ə'tempt/ an effort to achieve or complete something
Example: If at first attempt you don't succeed, try and try again.
4. Luckily (Adverb) /'lʌkəli/ in a way that is fortunate
Example: Luckily, the client wasn't at the meeting place yet when he came late.
5. Estimated (Adjective) /'estɪmeɪtɪd/ (of a value, number, size, etc.) roughly calculated
Example: An estimated 10,000 tourists are expected to fly to the country this year.
6. Competitively (Adverb) /kəm'petətɪvli/ in a way that involves trying to win or be better than others
Example: Serena Williams started playing tennis competitively when she was 14.



Most people eat at Michelin-starred restaurants to enjoy great food in a nice place. But on October 26, 2022, Eric Finkelstein visited 18 of New York's best restaurants not for a good time, but for a challenge. In doing so, he broke the Guinness World Record for the most Michelin-starred restaurants visited in 24 hours.

It wasn't as easy as it sounds, according to Guinness. Eric contacted over 80 restaurants, but only received responses from 10 of them. Unfortunately, four of those 10 restaurants then lost their star when the Michelin Guide announced their 2022 picks, just 20 days before Eric's official attempt date!

Many Michelin-starred restaurants need to be booked a long time in advance, so Finkelstein's record attempt required several months of planning. He contacted over 80 restaurants, but only 10 replied to him — and four of them lost their star just 20 days before his attempt date, when Michelin announced its new list of the best restaurants for 2022. But luckily, after many calls and emails, he was able to make reservations at enough restaurants for his attempt.

DISCUSSION

1. What restaurants in your town or city would you recommend to tourists?
2. Do you enjoy trying out new dishes or do you usually stick to your favorites?
3. How often do you visit your favorite restaurant? What do you usually have?
4. Who would you say are the biggest foodies you know?
5. Do you know anyone who works as a chef? Do you think you'd enjoy their job?