

World Happiness Report Celebrates Its 10th Year with Finland at Top 1

VOCABULARY WORDS

1. troubled /'trʌb.əld/ having problems or difficulties
Example: In these troubled times, it's nice to hear some good news.
2. determination /dɪ,tɜː.mɪ'neɪ.ʃən/ the ability to continue trying to do something, although it is very difficult
Example: I admire her determination to succeed.
3. proprietary /prə'praɪ.ə.ter.i/ relating to owning something or relating to or like an owner
Example: The company has a proprietary right to the property.
4. stock-take /'stæk,tāk/ assess and record the amount of stock held by a business.
Example: They were stocktaking on that day.
5. gain /geɪn/ an increase in something such as size, weight, or amount
Example: Oil prices rose again today after yesterday's gains.



In our **troubled** times of war and pandemic, the World Happiness Report 2022 comes just in time for Spring. And, a bright light from the pandemic was the increased rate in social support and kindness. This year marks the 10th anniversary of the World Happiness Report, which uses global survey data to report on how people evaluate their own lives in more than 150 countries around the world.

“A decade ago, governments around the world expressed the desire to put happiness at the heart of the global development agenda, and they adopted a UN General Assembly resolution for that purpose,” stated UN Economist Jeffrey Sachs. “The World Happiness Report grew out of that worldwide **determination** to find the path to greater global well-being.” “World leaders should pay attention to. Politics should be directed, as the great intellectuals of long ago insisted, to the well-being of the people, not the power of the rulers.”

Ten years of **proprietary** data covering more than 150 countries provides a unique **stock-taking** opportunity. The three biggest **gains** were in Serbia, Bulgaria, and Romania. This year, as in most years, Europe dominates, with Finland retaining its number one ranking for the fifth year in a row. (Good News Network)

DISCUSSION

1. What is happiness for you?
2. Are the people in your country generally very happy?
3. Do you think that happiness lies within you? Or does it depend upon other people and external things?
4. Can money buy happiness?
5. What are the three most important things for you to be happy?
6. How can you become happy again when you are sad?