

Community Fridges Share Food

ARTICLE READING

A community fridge is a large refrigerator placed in a public area. People can leave safe extra food inside, and anyone who needs food can take it. Volunteers check the fridge, clean it, and remove food that is too old. A simple sign may explain which food is welcome and how to write the date on a package. The fridge can help families save money and can stop good food from being thrown away. It can also connect neighbors who do not know one another. Some people leave fruit, bread, rice, or prepared meals. Others add notes with kind messages. The system works best when everyone follows the rules and thinks about other users. A small fridge can become a strong symbol of care in a busy neighborhood.

If your neighborhood fridge had a special shelf for one surprising item, what would people share there?

1. What food would you like to find in a community fridge?
2. Why is it important to write the date on food before leaving it?
3. What kind message could you put beside a free meal?

4. Would you feel comfortable taking food from a public fridge? Why or why not?
5. What unusual but safe item could make the fridge more interesting?
6. How could schools or local businesses help care for a community fridge?